



Volleyball Camp 2016

All Skills Volleyball Camp

August 1 - August 4

9:00 am – 4:30 pm

Camp Cost **\$125***

The Pacific University Volleyball staff is excited to bring you a skills-specific, four-day camp hosted at Forest Hills Lutheran Christian School.

4221 SW Golf Course Road
Cornelius, OR 97113

Designed for players entering grades 4–8. Instruction and drills for all individual skills, combination of skills, and team systems and strategies. All technical instruction will be offered from Pacific University Head Coach Kip Yoshimura, Assistant Coach Ben Stern and Leslie Crandell Dawes.

Camp Skills

Introduction to volleyball. Emphasizing skills, drills, and games.

Passing & serve/receive

Attacking footwork and arm-swing

Serving

Introduction to hitting various sets

Defensive skills

Setting footwork and body/hand position

High repetitions

Game strategies and team systems (rotations)

Please bring a lunch and two snacks. Having fun and safety are important to us. Please make sure your camper brings plenty of water or a water bottle, proper gym shoes, knee pads, and that hair is tied back. We will take plenty of breaks throughout the day.

*Pre-registration is advised. Camp registration fee is increased to \$135 after July 25th. For walk-up registration, please arrive at least 30 minutes prior to start of camp on first day to complete and sign registration forms. To secure a spot in this camp, call or e-mail with name and grade (Fall 2016).

Pacific University

Head Coach

Kip Yoshimura

Coach Kip Yoshimura is the current Head Coach at NCAA Division III, Pacific University. Prior to Pacific, Yoshimura was Head Coach at NCAA Division I Gonzaga University and NAIA Lewis-Clark State College. He has also been an assistant at Vanguard University, UC Davis, Weber State University and was a part of the 1989 NCAA Division I National Championship Long Beach State team.

Kip has been selected six times as NAIA Region Coach of the Year. During his career his teams have produced 16 All-American, 25 All-Region, 50 All-Conference, and 21 Scholar Athlete selections.



