



Forest Hills

Lutheran Christian School

Forest Hills Friday News
January 6, 2017

Happy New Year! I pray that you all had a wonderful Christmas vacation, and enjoyed a great deal of time with family and friends, celebrating the birth of our Savior and His gift to you of the new year ahead!

This is always an interesting time of year. Typically, in January, I see a ton of ads for weight loss products and things that are supposed to help you start the year off right. At the gym, I notice that there are a lot of people there in the mornings these days, many new faces to me. People start the new year off with the goal of making this the best year possible, which usually includes being healthy and prosperous.

I'm a regular at the gym each morning, enjoying a great workout in the swimming pool. Admittedly, I took a bit of a break over the holidays too. There was a chunk of time where I didn't go and work out, but just like everyone else, I was committed to getting back into that routine this week when the new year rolled around. So as per my usual routine, the alarm went off super early, I jumped out of bed, headed over to the pool and was ready for my usual swim. However, that first swim was hard! I wasn't prepared for it - I had only taken a short break, and yet swimming just one 25-meter lap felt like swimming a marathon! In that short time, I had already become out of shape, and it was time to work hard to get back into things.

This is a common occurrence for any of our healthy habits. If we stop, even just for a short time, it's hard to get back into it. We see it in our kids - coming back to school takes an adjustment period as routines are re-established. We have to get back into homework, bedtimes, and getting up early five days in a row!! We like our routines, and when we break them, it's hard to get back going again.

Thank God that He doesn't operate like that. God certainly has His routines. His activities include caring for His children - for you and me, pouring out His blessings upon us, showering us with unconditional love. Those are pretty impressive routines. I know that I don't deserve these amazing gifts, yet God continues to pour them upon me; and He does the same for you. God doesn't take breaks from being God. He doesn't stop for a while and get out of practice. No, God continues to take care of us and show us His love each and every day. While you and I may break a habit for a while, or we may even get out of shape, our God never does. His promises are true to you and me, each and every day.

So this new year, as you look ahead with anticipation for an exciting 2017, may you be confident knowing that whatever you face, whatever challenges come your way, whatever blessings you celebrate, God is in shape. He is in fine form, fulfilling His promises to you. You are wrapped in the loving arms of Jesus, and that's the best place to be!

Mike Schiemann. <><
Principal

events

here's what's going on!

see our Google calendar at fhcls.org for game times

Friday, 1/6 Epiphany
Wednesday, 1/11 Happy Birthday, Mrs. Langbehn & Mrs. Van Scoten!
Thursday, 1/12 Auction Kick-off Assembly
Friday, 1/13 Professional Development, **No School**
Sunday, 1/15 Family Bowling, 3:30-5:30 pm
Monday, 1/16 MLK, Jr Holiday, **No School**
Sunday, 1/22 - Saturday, 1/28 - NLSW
National Lutheran Schools Week
Tuesday, 1/31 Happy Birthday, Dr. Hirsch!

Student Council is selling **FHCLS LEST 2017** shirt wear. Check out the order form coming home today. All orders with payment must be received by 1/12.

Next Week in Chapel

SOAR - Standing On A Rock

We welcome Rev. Jeff Shearier, Pastor at Bethlehem Lutheran church in Aloha as our chapel leader on Wednesday, January 11. Pastor Shearier will talk with us about "**The ROCK Rolled Away**". Our text for the week is from Romans 6:4-5

Our Bible reading for today from Romans 6 tells us about a barrier in front of everything that God would have us see and receive. The barrier is sin. Sin keeps us from a relationship with God. Sin keeps us from enjoying a relationship with other people. Romans 6 reminds us of Jesus' journey from the cross to the grave. It tells us of Jesus' resurrection from the dead. Neither the devil nor anything else could set up a barrier big enough to keep Jesus away from His baptism and His cross.

The lesson says that our Baptism blesses us to "walk in the newness of life." God has taken away every barrier that would keep us from praising Him and living our lives for Him.

Principal's List Announced

The following upper grade students have distinguished themselves with a grade point average of 3.75 or higher and all E's in specials during the 1st trimester:

6th Grade: Skylar L., Olivia M., Briana M., Luke R., Oliver R., Rachel S.

7th Grade: Ben B., Annika M., Peyton M., Brennan N., Miller N.

8th Grade: Macy B., Kaylyn B., Emma B., Lizzie L., Jaden O., Emma R.

Honor Roll Announced

These upper grade students have distinguished themselves with a grade point average of 3.5 or higher during the 1st trimester:

6th Grade: Adam R., Gabrielle R., Grace S.

7th Grade: McKenzie B., Riley H.

Auction 2017



Tickets are on sale NOW!! Buy your auction tickets online. It is fast, and efficient. Go to the school website at www.fhcls.org and click on **Auction Tickets 2017**. Start thinking about who you will ask to fill your table! We expect another sell-out crowd this year, so make sure to purchase your auction tickets early for the April 22nd event.

Don't forget the Classroom Basket Competition starts on Monday, January 9th! Make sure to get those donations in!



Your family is invited to dust off your bowling shoes and join other Forest Hills families for an afternoon of family bowling FUN at Park Lanes in Hillsboro on Sunday, January 15th from 3:30-5:30 pm. See the flyer for more information.

Please RSVP to Aaron Johnson
aaronypa@yahoo.com or
fill out the Google Form
<http://tinyurl.com/p5hr4uf>

This is a CLASS sponsored event.

FHLCS Open House - Saturday, February 4th 10am-1pm

We are sending a flyer home in your Family Envelope today looking for parents and students to help during Open House. Fill it out and return it by Tuesday, January 17th if you are available.

Library News

Congratulations to the Kinders who came out on top of our *Two Book Tuesday* competition by turning in their books to the library on time for 9 consecutive weeks! We celebrated this amazing feat w/ popcorn and Veggie Tales :). Bravo Kindergartners!!

We will be keeping track again this Trimester once again to see which classes can consistently bring their library books back on time on Tuesday morning.