



Forest Hills

Lutheran Christian School

Forest Hills Friday News
January 19, 2018

Last week, I shared a thought that I had from an experience at the pool. I think I'm going to call last week's devotion and this week's devotions, "Tales from the water." Sorry for repeating a similar analogy, but as I was swimming recently, I had another thought.

I really do enjoy being in the water. There are some mornings where I feel fantastic, and others where I feel like I really should have just turned off the alarm clock. Not long ago, I dove into the water and completed my regular workout. The whole time, I felt like Superman. It felt like this workout was going great. I was certain that I was on pace to beat some of my own records. When I finished that particular workout, I was pretty excited. Then, I looked at my watch. BIG mistake! I time each and every one of my workouts, and this particular one was one of my worst times ever. I was quite a bit behind, and after seeing that horrible time, the wind was right out of my sails.

Timed workouts annoy me most of the time. What really is the *ideal* time? One can ALWAYS improve, so it sure feels like you've never really reached a final destination where you can say that it was "perfect." Can't the same be true about life? It may feel like you've had a great day. It might feel like things are going well. Then again, it may not. In my own swimming, I consistently feel like I'm never good enough, and it can sure feel that way in life too!

Sadly, it IS true in our own lives. When we look at the standards that God has put in place for us, we don't measure up. We may feel like we had a great day, but then something goes wrong. We might feel like we're on top of the world, but that's when the world seems to topple over on us. When we look to the absolute perfect rule and norm for daily living (the law of God found in Scripture), it's true – we never measure up. It can be real disheartening to read about God's bar in Scripture, and our inability to fulfill it.

However, it is crucial to continue reading on. As we do, we see Jesus. We see someone who came and lived up to the bar of God for you and me. When we read in Scripture what we are supposed to do and how we are supposed to live, we can't do it - yet Jesus did it perfectly. Praise God that He accepts Jesus' perfect life on our behalf. Because of the work of Christ, because of His death and resurrection, you and I meet the bar! Christ's sacrifice was sufficient for our Heavenly Father, and Jesus gives us His victory!

Knowing that we do in fact measure up in Christ, doesn't that free us up to live differently? I find this truth empowering. I know that I will make mistakes. I know that I won't always measure up to the bar. However, in Christ, the bar has been met, and I can live each day with the grace, knowledge, love, forgiveness, and power of God to keep on going!

Even though my times are not always what I want them to be, I keep going back to the pool. The realization that I've come to is that I'll never go to the Olympics. While my first name would work, my last name will never be "Phelps." That's ok. I don't go to the pool anymore to measure up to a bar. I go because I enjoy going. In Christ, enjoy living life. On days when you feel like you're on top of the world, give glory to God! On days when you feel like the world is on top of you, give glory to God! In Christ, you measure up!

Mike Schiemann. <><
Principal



see our Google calendar at fhcls.org for game times

Sunday, 1/21 - Saturday, 1/27 - NLSW

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| | National Lutheran Schools Week |
| Monday, 1/22 | 2018-19 Reenrollment & Siblings
Girls Bball at HOME
Boys Bball @ CS Lewis |
| Tuesday, 1/23 | Happy Birthday, Mrs. Ryan!
Lock-Out Drill, 8:50 a |
| Thursday, 1/25 | Girls & Boys Bball @ TVA |
| Friday, 1/26 | Lock-Down Drill, 8:30 am |
| Monday, 1/29 | Girls & Boys B'ball at HOME |
| Thursday, 2/1 | Happy Birthday, Mr. Bauer!
Boys Bball @ Faith |
| Monday, 2/5 | Girls & Boys B'ball at HOME |
| Tuesday, 2/6 | Happy Birthday, Mrs. Keith! |
| Wednesday, 2/7 | Happy Birthday, Ms. Hoffman! |
| Thursday, 2/8 | Girls & Boys B'ball @ Life |
| Monday, 2/12 | Girls B'ball at HOME
Boys B'ball @ Pilgrim |
| Wednesday, 2/14 | Ash Wednesday
LEST Pep Assembly, 2 pm
Girls & Boys B'ball at HOME |
| Thursday, 2/15 & 2/16 | NO SCHOOL , K-4th |
| Thursday, 2/15 | Lutheran Elementary Schools
Tournament (L.E.S.T) at Concordia University Begins |

Chapel Next Week

National Lutheran Schools Week January 21st - 27th



We welcome Mr. Mike Schiemann as our chapel leader on Wednesday, January 24. Mr. Schiemann will help us celebrate National Lutheran Schools Week whose theme is **"It's Still All About Jesus."**

National Lutheran Schools Week provides our network of nearly 2,300 LCMS preschools, elementary schools and high schools with the public opportunity to proclaim and celebrate God's work among us in Lutheran schools.

We thank God for the opportunity to provide excellent academic preparation for the children we serve. We are most grateful for the opportunity to share Jesus' amazing love with children and their families. National Lutheran Schools Week gives us an opportunity to proclaim these great blessings within the communities we serve.

Our schools are amazing incubators for faithful witness of God's love for us through Christ by teachers and students alike.

2018-2019 Enrollment Begins on Monday

Current students and their siblings,

along with those belonging to our Association churches are able to enroll for the 2018-2019 school year beginning, Monday,

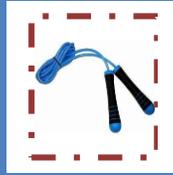
January 22nd! Get your enrollment in early, as the fee goes up after 2/2/18.



Jump Rope Club!!! ALL AGES Welcome

No need to sign up,
just come when you can.

- Friday Mornings
- Jan. 19th, Jan. 26th
and Feb. 2nd, 9th
- 7:30 - 8:00 am in the Gym



FHLCS Open House Saturday, February 3rd 10am-1pm



Please spread the word about our great school to your friends and neighbors. More cards can be found in the information center.

The Primary Multiage class is doing a project that needs the **large size oatmeal canisters**. If anyone has empty ones we would love to have them. They only have four so far and need a total of 20.

529 College Saving Plans - NOT JUST FOR COLLEGE ANYMORE!!!

Tax Law Changes for 529 Plans

[The tax reform bill signed into law on December 22, 2017 includes several provisions related to 529 plans. The provisions are:](#)

1. Expanded Qualified Higher Education Expenses

Effective for distributions made after December 31, 2017, the definition of "Qualified Higher Education Expenses" under the IRS Code of 1986, **as amended is expanded to include:**

- **expenses for tuition in connection with enrollment or attendance at an elementary or secondary public, private, or religious school.**

The amount of cash distributions from all qualified tuition programs with respect to a beneficiary during any taxable year shall, in the aggregate, include not more than \$10,000 in expenses for tuition incurred during the taxable year in connection with the enrollment or attendance of the beneficiary as an elementary or secondary public, private, or religious school student.

[At this time, it has not yet been determined whether and how the Oregon statute that establishes the Plan may be modified to include this expanded definition. You should consult your tax advisor regarding your individual situation.](#)

Our **Emergency Preparedness Team** has been hard at work making sure that every student has items to keep them comfortable in the event that we have to stay on campus past the normal pick up time or in case of a natural disaster.

To complete the kits, we are asking families to send to their child's classroom **2 non-perishable snacks** in a zippy bag with the student's name on it by Monday, January 29th. High protein items are always a good choice.





Auction Classroom Basket Competition Now - January 31st

The annual auction classroom competition is in full swing. Each classroom has a box waiting to be filled with your assigned auction items. **Please attach your donation form to your item** (sent home back in December) and have your child deposit it in the appropriate box in the main hall.

A \$15.00 or greater cash donation counts as an item if shopping does not fit into your schedule. Checks can be made payable to FHLCS. Additional donation forms are available at the information center. If you can't remember what item your family is responsible for, please stop by or call Karen in the office.

The competition will be based on the percentage of class participation. Our goal is 100% participation in each class.

Tickets are on sale NOW!!

Buy your auction tickets online. It is fast, and efficient. Go to the school website at www.fhcls.org and click on **2018 Auction Tickets**.

Single - \$45 Couple - \$90

Table Options - Table of 8 is \$340, table of 8 w/ wine upgrade (2 bottles of wine on table) is \$380, and \$420 for a Corporate table (includes 2 bottles of wine, logo on table and in the program).

Start thinking about who you will ask to fill your table! We expect another sell-out crowd this year, so make sure to purchase your auction tickets early for the April 28th event.

Dear parents,

One of the things that is most important to us at Forest Hills is the safety of everyone on campus. Recently, our school developed and adopted an Emergency Plan that includes procedural information in the event of fire, earthquake, and lock-out/lock-downs.

It is important to us that everyone knows what to do should any of these events ever occur on campus. So far this year, we have conducted both fire and earthquake drills. This e-mail is to inform you that next week, we will be conducting drills for both a lock-out and a lock-down.

Let me explain the difference. A Lock-out would be called if there were a perceived threat that is in our school's area, but not on campus. There is a wide range of things that could result in a lock-out. In this event, the students are able to roam throughout the building they are in, but they are not to go out of that building. The perimeter doors would remain locked, and no one else would be allowed in. We will be conducting a Lock-Out drill on Tuesday, January 23 at 8:50am. Our school will remain in lock-out until approximately 9:10am.

A Lock-down would be called if there was an immediate threat on the campus or in one of the buildings. In a lock-down, the teachers will lock their classroom doors, close their blinds, and gather the students in a safe place within their classroom. We will be conducting a Lock-down drill on Friday, January 26 at 8:30am.

These drills will NOT come as a surprise to the students. The teachers will be talking with the students ahead of time. The teachers will simply be sharing the procedures for these drills with the students, and not specifically outlining what *MAY* cause them to be called. We do not want to cause any fear in the students, but we want them to know what to do should they hear a lock-out or lock-down called over the intercom.

If you have any questions regarding this, please let me know. God's richest blessings on your day!

Mike Schiemann. <><
Principal



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