



# *Forest Hills*

## *Lutheran Christian School*

**Forest Hills Friday News**  
**May 12, 2017**

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Last weekend, the weather was so nice out that I decided it was finally time to take on the outdoors. My lawn was overgrown, there was weeding to be done - just a lot of overall maintenance in the yard. I love working outdoors, I just hadn't had the time, or the weather hadn't cooperated with me to make that a possibility. Yet last weekend provided exactly what I needed to clean up.

One of my annual spring tasks involves pressure washing. I like to have a clean patio, a clean walkway, and a clean driveway. I had a small little electric pressure washer and it would usually take me an eternity to do the work that I wanted to have done. Last weekend, my little electric pressure washer died. That was ok though - it gave me an excuse to upgrade! I headed straight to Costco and bought their new model (on sale, of course!). It was no little electric pressure washer - it was a gas washer that talked about PSI on the label and said to be careful because of the amount of pressure it put out. Now that's what I was talking about!

I assembled the new unit and began my work. All of a sudden, pressure washing became a joy for me. I was amazed at how much dirt and grime this new unit was pulling off the surfaces around my home. What I thought was clean was actually quite dirty or discolored. I was able to see an amazing difference around the house after I pressure washed it, and I felt quite good about it!

While doing this, I had a thought about how this is a little bit like life. So often in our lives, we encounter our own kinds of dirt and grime. The things that are done to us, the things that we thin, say, and do to others, circumstances beyond our control - all these things leave us a little stained. Eventually, they can become so engrained in our lives that we forget what being truly 'clean' looks like. We forget what it is to be innocent, pure, forgiven. Sure, we may try to do a little maintenance once in a while with the wrong tool, yet that never leads to restoring the clean life that once was.

Thank God that in Christ, we are totally made clean. Just like my gas powered pressure washer (it just feels good to say it!!) was the right tool to make a noticeable, lasting difference, God has His own tool that does the same thing. That tool is the cross of Christ. When we turn to His cross in repentance, God, out of love for us, gives our lives a complete and total overhaul. Not only does He clean our lives with the love of Christ, the dirt is completely taken away. You can't even see it draining down the driveway and into the sewer - it's just completely gone. Scripture says that He has removed our sins as far as the east is from the west. They are gone!

So what are those things in your life that you may be a bit desensitized to these days? What are the things that are making you dirty? Our culture talks about a "Spring Cleaning." Scripture tells us that we are made clean each and every day when we lay our sins at the foot of the cross. Whatever is hindering you today, whatever is causing you grief, pain, sorrow, regret, loneliness, discouragement, or any other hurtful thing, take it to the cross. God will use the blood of Jesus to cleanse you from sin. You will receive total and complete forgiveness. No one will be able to see your dirt any more - they will only see a perfect, redeemed, beloved child of God - because underneath it all, that's exactly who God has made you to be!

Mike Schiemann. <><  
Principal



see our Google calendar at [fhcls.org](http://fhcls.org) for meet times

Friday, 5/12 All Family Fiesta! 5:30-8pm  
Saturday, 5/13 **Mother/Son Game Night, 5-7 pm**  
Sunday, 5/14 Happy Birthday, Mrs. Shearier!  
Mother's Day  
Tues. 5/16 -Fri. 5/19 6th grd. Outdoor Science School  
Friday, 5/19 CLASS Meeting  
Saturday, 5/20 Track @ Concordia Tacoma  
Thursday, 5/25 Ascension of Our Lord  
Monday, 5/29 Memorial Day, **NO SCHOOL**  
Happy Birthday, Mr. Plucknett!  
Wednesday, 5/31 Happy Birthday, Mrs. Moeller!  
Thursday, 6/1 Spring Music Concert  
Tuesday, 6/6 Talent Show  
Thursday, 6/8 Last Day of Classes  
Chapel, 10:30 a.m.  
**Dismiss at 11:30 a.m.**  
Graduation, 7 p.m.

## Next Week in Chapel

### SOAR - Standing On A Rock

We welcome Mr. Jeff Kranich, Family Life Minister at Prince of Peace Lutheran church in Portland as our chapel leader on Wednesday, May 17. Pastor Warmbier will talk with us about "**Words from a ROCK- Chosen Rock.**" Our text for the week is from 1 Peter 2:9.

What does it feel like not to be chosen? Sometimes we experience the disappointment of not being chosen. Obviously the teacher can't choose everyone every time for an errand. Obviously not everyone can play every position on the school team. There are times where we feel we aren't chosen because we aren't good enough at something. Sometimes we may not be chosen because we feel that others pick someone they like more than us. It's disappointing not to be chosen.

God's Word to us today in 1 Peter 1:9 is that we are chosen. God chose to send Jesus, His only Son to be our Savior. Our lesson says that "the stone the builders rejected has become the capstone." Many people looked at Jesus and didn't see anything special about Him. Comparing Jesus and His Church to a building, some saw Jesus as just another rock. Jesus is the capstone, the center of our salvation (1 Peter 2:7). Jesus was God's only choice to give us salvation. Only the perfect Son of God could fulfill God's Law perfectly. Only the sacrifice of the Son of Man could take care of the payment for our sins. Jesus is the Rock of salvation.

God chose us in our Baptism. He chose to suffer and die for us. He chose to forgive us. He chose to make us His children. God did not choose us because we are good-looking, good students, athletes or for any other reason we might consider important. God chose us because He loves us and wants us to be His children. No matter how many times we might feel disappointed at not being chosen, God's message to us is, "I choose you!"



**Our Talent Show is scheduled for Tuesday, June 6<sup>th</sup> at 1:30 pm.**

If your child is interested in sharing their talent, you have until Monday, May 15<sup>th</sup> to sign-up by returning the half sheet golden rod colored form to the office.

Forms received after this date cannot be accepted.



Our Spring Music Concert will be held on Thursday, June 1<sup>st</sup> starting at 7 pm in the Dobbin Center. Members of the band, handbells, choir and recorders will all share their musical talents this evening.

### Order Your YEARBOOK Now!



The yearbook team is hard at work putting together an awesome yearbook showcasing all of the students and activities at Forest Hills. Look for an order form in your Family Envelope. **Orders must be received by Wednesday, May 17<sup>th</sup>.** We are sorry, late orders cannot be accepted as we go to print on Thursday.

**Yearbooks are \$23.00 each.**

### Thank you Intel Volunteers

We received \$3920 from Intel for the volunteer hours their employees donated to Forest Hills Lutheran Christian School over the last year.



Thank you, we appreciate your service!

### Forest Hills Track Team on their Mark



What a great showing we had at the District meet that was held on Friday, May 5<sup>th</sup> at Portland Christian

by our 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade Track & Field team.

- 1500 M ~ Luke Raymond 8<sup>th</sup>
- 800 M ~ Ben Bradshaw 4<sup>th</sup>

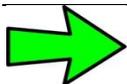
Luke Raymond 12<sup>th</sup>

- 200 M ~ Lily Warren 5<sup>th</sup>
- Javelin ~ Lily Warren 6<sup>th</sup>
- Discus ~ Kaylyn Brennan 10<sup>th</sup>

Congratulation to the team for a great year!



CLASS (Community Leaders Advocating & Serving Students) is an organization of parents and Forest Hills staff committed to supporting the students of the school.



**Our next CLASS meeting is scheduled for Friday, May 19 6:30pm-8pm**

**Bethlehem Lutheran Church** in Aloha has a job opening (20 hours/wk) in our church office for a second Parish Assistant. Please see Karen in the FHLCS office for the job description and apply by May 23 if interested.

## **Field Day**

**Friday, June 2<sup>nd</sup>**

**8:30 am - 11:30 pm**

**Volunteers are needed to run events.  
See the Field Day flyer to let us  
know how you can help!**



With our new school app. You can keep up-to-date with all school news, calendar and other helpful school information.

To download your 'Forest Hills Lutheran' app, just scan the QR code in the image or go to your app store and search for 'Forest Hills Lutheran' and our app will show up