



# *Forest Hills*

## *Lutheran Christian School*

**Forest Hills Friday News**  
**September 1, 2017**

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Welcome back to FHLCS! For our new families, welcome to FHLCS! We hope that everyone has enjoyed a fantastic first week of school. There has been so much going on that I'm sure we're all ready for the first long weekend of the school year! From the Back to School picnic, to the first day of school, chapel, the middle school retreat, and all the individual classroom activities, it's been a busy week!

This year, we are reflecting on Isaiah 43:1 as our school theme. This verse reads, "But now, this is what the Lord says - he who created you, Jacob, he who formed you, Israel: 'Do not fear, for I have redeemed you; I have summoned you by name; you are mine.'" What a powerful verse. Throughout the year, we hope to unpack all that God is speaking through this.

Let's start by looking at our names. When you meet someone new, it's quite likely that the first thing you learn about them is their name. After you know their name, you can start to associate details about who they are and what they do. Names are important. Your name was a gift given to you by your parents. You may or may not like your name, but your name is something that was chosen specifically for you by those who loved you most. Your name identifies you to the world around you. When someone says your name, they seek your attention to share something with you. When you hear your name, it is likely that you turn your head and listen.

Today, in Isaiah, we read that the most important person of all has called your name. God speaks your name to summon you to Him. He calls your name because He has the most important message of all to share with you. God wants you to be with Him. He wants you around - he seeks your company. How amazing is that - just think - the God who created you, the God who walks with you each and every day, and even the God who sees and knows all your sins, still wants you to be with Him. What a gift to be in His presence and in His care each and every day!

There's another gift that is given to us as God calls our name. He gives us another name - the name that is above all names - he puts the name of Jesus on our hearts. As He does this, He gives us all the wonderful gifts that Jesus earned through His work here on earth. Jesus lived the perfect life. Jesus died in our place, and Jesus rose again - triumphant over sin, death, and the devil, all that we might have eternal life. When His name is written on our hearts, God gives us these gifts that are beyond measure, and certainly beyond anything we deserve.

Throughout this year, we will learn more about what it means to carry the name of Jesus. We will learn about the confidence with which we can walk through life. We will learn about the love that knows no bounds for you and me.

We'll also learn each other's names. I pray that, as our family reassembles for this school year, we will continue to strengthen and grow in God's love and in our love for one another. I pray that this year, we will, together, praise the name of Jesus, giving thanks to God the Father that "He knows your name!"

Mike Schiemann. <><  
Principal

## Coming Events

Monday, 9/4	Labor Day - NO SCHOOL
Tuesday, 9/5	Hot Lunch Begins
Thursday, 9/7	Running Club NEW Parent Meeting
Monday, 9/11	Picture Day - <b>SMILE!</b> Running Club Starts
Tuesday, 9/19	Brd. of Directors Mtg., 7 pm
Friday, 9/29	Grandparents/GrandFriends Visit FHLCS!
Monday, 10/16	Picture Retakes
Monday, 10/25	Happy Birthday, Mrs. Heldt!
October 18, 19 & 20	Northwest District Lutheran Educators Conference, <b>No School</b>
Friday, 10/27	Teacher Work Day, NO SCHOOL
Monday, 10/30	Parent Conferences NO SCHOOL
Tuesday, 10/31	Parent Conferences NO SCHOOL

## It's Still All About Jesus

That's the theme for chapel and our school this year. Pastor Nick Koschmann, our chaplain, has arranged a schedule of chapel leaders who will take us through the year with a variety of messages.

As children, teachers and the families of our school community gather together each week, we will celebrate Jesus. Throughout the passages of Scripture, the person and work of Jesus is divinely revealed to us in the names of Jesus. "It's Still All About Jesus" explores the various Old and New Testament titles for Jesus. Some of them will be very familiar to children and adults. Others of them are less commonly used.

"At the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus is Lord, to the glory of God the Father" Philipians 2:10-11.

## Thank you! Thank you! Thank you!

To all those parents who came early to set up, greet families, serve ice cream, or clean up when the fun was over we thank you. Without all of you the All Family Back to School Picnic would not have been a success.

If you haven't taken advantage and signed up for one of the many opportunities to earn your PAL (Parents as Leaders) hours, stop by the tables located in the main building. Further information will be sent to volunteers in the weeks ahead.



## Each Friday is School Spirit Friday!

Wear your Forest Hills shirtwear or a shirt that is one of our school colors - black, forest green, and white.

## Calling All Grandparents

Grandparents & Grandfriends day is coming up on Friday, September 29th from 10:15-11:00 (Preschool) 12:30pm-3pm (K-8<sup>th</sup>). We have already sent out some invitations and want to make sure that your child's grandparent /grandfriend get invited. Please see the Family Envelope for a flyer to fill out with addresses of those that you wish us to invite.

We are also looking for volunteers on the day of the event. If you would like to help with set up, tear down, registration or one of the other many jobs that will be available, please contact Patti White [info@fhllcs.org](mailto:info@fhllcs.org) or call her at 503-359-4853.

## School to Home Communications

Today is the first **Family Envelope** of our 2017-2018 school year. Your **Family Envelope** has important communications between school and family. Look over the information each weekend, initial the front of the **Family Envelope** on the appropriate line and return it with your student on the next school day (typically on Mondays). If you need something returned to school, just put it in the **Family Envelope** and it will get to the appropriate person!

In this week's envelope you will find:

- **P.A.L. (Parents as Leaders) hours reporting form.** Put it on your refrigerator or some other convenient place to record any hours of service spent for our school. Return the form via the Family Envelope **at the end of each month** even if you have no hours to report. You will receive a new reporting form each month. **It is up to each family to report your hours monthly.** Each trimester a list will be published in this newsletter of each family who have completed the 25 service hours.

- **Let's Go GREEN!** - The school newsletter will be emailed to your family from the information you provide on TADS.

- **Volunteering At Forest Hills** - Anyone wishing to volunteer during the school day when students are present must return the Worker's Agreement and Consent/Background Authorization Form with **\$5 cash or check.** Additional forms are available in the Information Center.

- **School Expectations, Consequences and Anti-Bullying policies** - Please discuss these policies as a family, sign & return the **first page** on Tuesday.

(in your Family Envelope cont.)

- **Computer and Internet Acceptable Use Agreement** - Students in 3rd - 8th grade are asked to sign and return this form after your family discussion with a parent.

- **After School Information**

This is your opportunity to share with your child's teacher who will typically pick up your child or if they need to go to After School Care.

- **Field Trips and Insurance Coverage** At various times classes will be taking field trips to enhance what they are learning about in their classroom. It is not always feasible to hire a bus for these trips and we will be asking for parents to help with transportation.

If you might be able to help drive this school year, please complete the enclosed Insurance Coverage form. You must also submit a Worker's Agreement and Consent/Background Authorization Form (a \$5 fee) to be eligible to drive.

Join us on Wednesday, Sept 6th at 3:30 pm for a short informational meeting about our upcoming FHLCS Golf Marathon. Please fill out the form in your Family Envelope and return on Tuesday. If you can't make it, no problem! We can get you the information - just fill out the form with your email.

Questions? Contact Patti White at [info@fhllcs.org](mailto:info@fhllcs.org).

## When is PE for My Child?

As we start the new school year, there are a couple of things to keep in mind for success in PE. Please help your child to remember to wear sneakers on his/her PE days. The sneakers should enclose the whole foot (must have heels and no holes)



and should support the foot. PE days are as follows:

K-5<sup>th</sup> Tuesday and Friday;

PK Thursday only

6<sup>th</sup> - 8<sup>th</sup> Monday and Thursday

We will be going outside for PE in the fall and spring, weather permitting. Hats and sunglasses are welcome. Also, if your child needs to sit out of PE for any reason, please send a note to school or via email [athdir@fhcs.org](mailto:athdir@fhcs.org) so I am aware of the situation.

Looking forward to a great and active school year!! Mrs. Carla Beyer

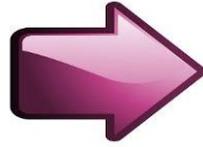
## Fall Sports are Starting!

All 6<sup>th</sup> through 8<sup>th</sup> grade girls and boys there is still time if you are interested in playing junior high soccer! They will have their next practice on Tuesday, September 5, from 3:20 to 4:30.

All 5<sup>th</sup>-8<sup>th</sup> grade girls interested in playing volleyball will have their first practice on Tuesday, Sept 5 from 3:20-4:30 with a parent meeting immediately following. Please bring your volleyball clothes, kneepads, and water bottle.

We're still looking for coaches for 4<sup>th</sup> and 5<sup>th</sup> grade boys and girls interested in playing soccer.

## K-4th Grades Running Club



All **NEW to Running Club**

families who want to participate need to attend the parent information meeting on

Thursday, September 7<sup>th</sup> at 3:15 pm in the Library.

Ms. Hoffman will be going over expectations as well as handing out the Runners Contract. **Returning runners can pick up your set of information in the school office. Runners cannot participate until a signed form is received prior to run time.**



Beginning Monday, September 11<sup>th</sup> the club will meet after school out on the "track" on Mondays and Thursdays from 3 - 3:30 p.m. for the months of September - October and again April - May.

Our goal is to promote running fun for our younger students.

## Students Leaving During the School Day

A student needing to leave school during school hours must bring a note or send an email to their teacher and the office from his/her parent stating when he/she needs to leave.

The person picking them up needs to sign them out at the office. Students will not be released from the classroom. The office will contact the classroom and have the student sent to the office. Your cooperation and understanding will help with minimal disruption in the classroom.



## Student-Parent Handbook

Click on the following link to take you to our Student-Parent Handbook found on our webpage. Please read this handbook and sign the Parent Agreement of Handbook Policies & Procedures form sent home today in your Family Envelope.

<http://www.fhls.org/Info/FH%20Handbook%202017-18.pdf>

## Student Phone Use

In order to keep lines open for school business and for parents, please be aware that students use of the phone is limited to emergencies only. Forgetting a lunch, homework, band instrument, sports clothing/equipment or a note to go to a friend's after school is not an emergency!

**Cell Phones** are not encouraged and **may not** be used during the school day. They need to be stored in lockers (**turned off**) during the school day.



## Parking Lot Safety

We appreciate your assistance in making drop off and pick up safer for our students. We have noticed many of you entering the parking lot at the north entrance and pulling through to park so you can walk your children in to school. Thank-you! That leaves the south entrance free for **exit only**, minimizing congestion. Also, please use the crosswalk from St. Peter's to the school when walking your student across the parking lot. Our goal is to keep everyone safe. Please see the Pickup Procedure diagram that is an attachment with this newsletter.

## A Note about Lunchtime

Parents please make sure that what your child brings for lunch is ready to eat. With 60+ children per lunch period, time does not allow for the parent helper to cut apples, peel oranges, warm food, etc. If your child needs a utensil, please send one.

Children in Kindergarten, 1st, 2nd and primary multiage classrooms do not have use of the microwave ovens. Students in 3rd through 8th grade may use the microwaves to warm-up or reheat food. Please do not send things that must be prepared or that take more than 1-1/2 minutes to reheat. (ie Easy Mac)

If your child forgets his/her lunch, crackers, cheese and fruit are available. **Please note that after 3 "forgets" your TADS account will be charged \$2 to cover the added cost.** Thank you in advance for helping us make the lunch period run smoothly!

## Visitor's Badge Required

After the 8:15 am bell Rings, ANYONE who is not a student or paid FHLCS staff member must first sign-in at the office and clearly display a visitor's badge during their time on campus. This is important even if you plan to only be in the building for a few minutes.

